



## Get Started

Pause and be here. Lengthen your breaths, stretch tall, take a minute to slowly look around at your perfectly imperfect surroundings. Pause where you want to. Silently observe just for yourself...

...after a minute come back to look around at these fine people gathered with you. Welcome!

*How are you? What gave you hope this week?* Each person take 2-3 minutes to check in, then invite someone else. Take your time, focus on listening. No comments, just “thank you.”

## Dig In Ideas

### EXPLORING “FUTURESCAPES”

*What words do you normally associate with the word “future?”*

*What particular words/phrases/ideas from this first FutureScapes message with Layne Kennedy struck you as either a challenge or an invitation?*

If you are going to do the proverbial “What Jesus did”...look for where “Jesus” is happening and be part of what Jesus is doing there: DREAM and GET TO WORK. Invest, dwell, explore, teach, learn, share, say you’re sorry when you screw up...  
- Greg Meyer

### WHY ICELAND? A VIDEO, A PRAYER

Greg shared Layne’s “Why Iceland?” video as a prayer. <https://vimeo.com/323834882>

Watch it together and take 5 minutes to each think about your own place, person, thing, experience, idea that you love. Something that might be surprising to others, but when they hear you tell the story they will understand, even if it isn't theirs.

Depending on how much time you have, share in partners or with the group.

### HOMEWORK

Read it from the [Sunday Paper](#). *What do you think of this assignment? Share your pictures or your ideas!*

## Close

What is something you will **take away** your group this week? Leave space for everyone to contribute.

### Show Up. Expect Growth. Build Trust

Be present. Share only what you want when you want. Confidentiality. Respect. Questions over answers. Wonder over judgement. Do you. Welcome silence.





## **Show Up. Expect Growth. Build Trust.**

Ground Rules for significant relationships

**Be present** as fully as possible (doubts/convictions, fears/hopes, failings/successes; listening/speaking, giving/receiving...).

**Share only what you want** when you want. It's your call.

**Confidentiality.** Always ask before sharing anything outside the group, even if it is with the most supportive of intentions.

**Respect others** by avoiding the temptation to interpret, correct or offer unsolicited advice.

**Questions over answers.** Practice responding with honest, open questions.

**Wonder over judgement.** Starting to feel judgmental? Get curious. *I wonder what's behind that perspective. I wonder what my own strong reaction might mean.*

**Do you.** You learn from others for sure, but this is a unique chance to pause and listen to what's going on in you. This is perhaps the most simple (yet difficult) and potent thing you will do - for yourself and your group.

**Welcome silence.** The world is noisy enough. After someone talks, take a breath and let Silence have a voice in your Group.

*What is important to you for building relationships around conversations that matter?*

*Share with someone now or in between your gatherings.*

