

- 1.) ASK, "WHAT IS MY ROLE?"
  - 2.) SET YOUR BOUNDARIES
    - 3.) LISTEN DEEPLY
  - 4.) ASK, "WHAT CAN 1 DO THAT WOULD BE HELPFUL TO YOU RIGHT NOW?"
    - 5.) WIDEN THE CIRCLE
- 6.) KEEP YOURSELF HEALTHY 6.) KEEP YOURSELF HEALTHY 6.) KEEP YOURSELF HEALTHY





- 1.) ASK, "WHAT IS MY ROLE?"
- 2.) SET YOUR BOUNDARIES
  - 3.) LISTEN DEEPLY
  - 4.) ASK, "WHAT CAN 1 DO THAT WOULD BE HELPFUL TO YOU RIGHT NOW?"
    - 5.) WIDEN THE CIRCLE





- 1.) ASK, "WHAT IS MY ROLE?"
  - 2.) SET YOUR BOUNDARIES
    - 3.) LISTEN DEEPLY
  - 4.) ASK, "WHAT CAN 1 DO THAT WOULD BE HELPFUL TO YOU RIGHT NOW?"
    - 5.) WIDEN THE CIRCLE



FabricMPLS.com

FabricMPLS.com

FabricMPLS.com