



27 Nov 2023 - The Santa Clause  
Fabric Group Guide

Groups are regular, long haul space to **share, care, trust and grow**. Welcome!

**Get Started**

10-15 mins

FACILITATOR PREP: Read through the 3 sections. Note your own thoughts. Here are [this week's message notes](#). Your group thanks you!

WELCOME! We are getting ready for Christmas with [SANTAFLIX](#) . What was interesting to you this week? What do you hope to talk more about? **For me...** What about others?

We've got some great stuff to connect around! To make the most of our time (and keep it... **jolly** ) we practice a few **Group Agreements** together. Find them on the back/page 2. Take your time passing them around to read each one.

**Check-In:** Share names and something you came for today. What is something you are hoping for from this time together?

*Light a candle.* May all that be so! The hardest part is done. We've already **pushed pause** to be here together with all our realities, hopes and wishes in this full season.

**Discussion & Practice Ideas**

30-60 mins

1. **Warm up with some Santa stories.** Pass around something Santa-ish and take turns sharing memories or associations with Santa Clause. *When I think of Santa I think about...*
2. Do you believe in Santa? In Christmas? In yourself? All three can seem crazy to trust in our practical, rational world. Watch [this clip](#) from the message. Then talk about the message of Christmas you find compelling enough to "put on the suit" for, even when it is counterintuitive, inconvenient, costly?
3. Read the [Homework](#). What is this is waking up in you that could help you be who you want to be in this full season?

**Talk this out in 2s or 3s.** What are some of the WHATs and WHOs that really matter to you? What could putting on the suit look like? What might be challenging about it?

**Then, as a group,** move into the closing.

**Close**

5-15 mins

Invite everyone to share something they will **take away** from this time together. Thanks for these gifts you've given each other! May they keep on giving.

**Check in on plans** for upcoming meetings: who is facilitating, providing hospitality, or other needs of your group. *Remember, anyone is welcome to serve the group as facilitator.* **Next meeting:**





## Group Agreements

1. **Push pause.** The world is noisy. Before speaking, take a breath.... let Silence be a voice in your Group.
2. **Be present.** Your being here matters! Step up to share when you are ready. Step back to listen.
3. **Share what you want** when you want. "I'll pass" is always an option.
4. **Confidentiality.** Always ask before sharing anything outside the group, even if it is with the most supportive of intentions.
5. **Wonder over judgment.** Stay curious about yourself and others. Practice open and honest questions. Asking "how" not "why" can take you on a tour instead of a trial of yourself and others.
6. **Listening is a superpower.** Listening to others share their own experiences, struggle and strength is empowering. So is being listened to!
7. **Speak from your own experience,** to the whole group. Ask for help or feedback for yourself if you'd like, but avoid crosstalk, fixing, interpretation, or unsolicited advice directed toward another group member.

*These agreements are practiced, not perfected! You can always circle back with the group or an individual to share how something felt to you or check in. Here's an [article](#) on how to apologize well. Practice when it's easy!*

Sometimes there will be care and support needs that go beyond what can be addressed within your normal group operation. That's a good time to pull out the [Care IQ](#) tools.

