



TODAY! Practicing - Part II Can you pray with me? Can I pray for you? Praying with or for others can feel hollow, intimidating, forced or worse. It can also be deeply healing and connective. As a chaplain, Chris Lillehei prays with people for a living and still wonders, what do we expect when we pray together? Praying with and for each other can open up surprising possibilities and be surprisingly slippery. This deserves some looking into, and some experiments!

WELCOME!

Life, for adults and kids alike, is most fulfilling when it is woven deeply with others and that mysterious element we often call the third strand, or "God." Learn more about Fabric at www.FabricMpls.com

Is today your first visit? Welcome! Come say hi and choose a gift at the ? table after the gathering.

Got Babies? Hang out with them in The Nest (Media Center) and watch the livestream to stay connected. The Nest is also available for drop off (6mos-3yrs).

WHAT TO EXPECT

We're glad you're here!

Take a seat, get comfortable, have a cup of coffee. It's time to do some weaving!

- Music by Chris Tripolino
- Welcome and Say Hi
- Message-Chris Lillehei
- Connecting with & supporting Fabric
- More music & closing thoughts

FABRIC KIDS TODAY



With you!

Get ready to make some feeling monsters to help us remember that we can share our biggest feelings.

Start with your family in the Commons and then Pre-K and middle school will head to the media center and K-5th grade will head to the gym!

NEXT SUNDAY!



Teaching Kids to Pray

Whether you have kids or not, join Heidi Esposito & Greg Meyer as they help us wrestle with how we can help our kids - and ourselves - to be prayer-full people.

Want to hear a message you missed, re-listen, or share it with someone? Go to www.fabricmpls.podbean.com



Life Begins in the Dark - Easter is about life - full, undying, hope-filled life and it isn't always found in the light. Life begins in the dark where seeds and cells grow, where mysteries unfold. And it continues in the beauty and wonder of night skies, shadowy forests, and deep inside us. Day and night. Light and dark. Seen and unseen. Let's celebrate all of Easter this year in ways that make sense for grown ups and adults. Fabric is about weaving life deeply, and it can be dark in the deep. It's life!



9:00-10:15am—yummmmm Pancakes!

Join us on Easter morning for pancakes, sausage, fruit, juice and coffee and help our kids go to Camp Courage and on the High School trip to Appalachia this summer! Get your tickets ahead of time on Sundays March 26th and April 2nd as well as the day of. Don't forget to invite your friends and family to gather with you! A goodwill donation of \$5/kid and \$10/adult (family max of \$25) will be taken.

Does prayer change anything?

Prayer is about JUXTAPOSITION

Praying with others is both VULNERABLE and POWERFUL

It's all about YOU and not about YOU at all

Do not be anxious about anything. Instead, in every situation, through prayer and petition with thanksgiving, tell your requests to God. And the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus. Philippians 4: 6-7

Prayer is about MYSTERY

Prayer doesn't negate our RESPONSIBILITY TO ACT, it enhances it.

Prayer opens us up to ALTERNATIVE ways of showing up

Homework practice invitation: Use your prayer beads or something else you can touch and hold to help you pause and pray for a situation you are concerned about this week. Notice what shifts (or doesn't) in and around you as you keep practicing.