

UNEARTHED



Sunday, April 7, 2024
www.fabricmpls.com

Unearthed | Political Divide (week 1) - We are eager to welcome Jeff Thiemann from Braver Angels' "Reduce the Rancor" campaign to chat with us about polarization during election seasons, and how we might be able to build capacity for both holding conviction and having difficult conversations.

WELCOME

Life, for adults and kids alike, is most fulfilling when it is woven deeply with the strands of your full self, others, and that third strand that is bigger, beyond, around and within us all that you may or may not know as God.

Learn more about Fabric at FabricMpls.com

Miss a week or want to hear the message again?
Check our podcast fabricmpls.podbean.com

WHAT TO EXPECT

We're glad you're here!

Music with Chris Tripolino and the Fabric Band

Welcome & Say Hi

Message, *Political Divide (week 1)*, with Ian McConnell

Connecting with and supporting Fabric

Song & Closing



What's happening for KIDS today? SCUBA preview Sunday! Kids will get to meet and get to know their DIVE BUDDIES, get familiar with all that will happen during SCUBA and get to play and create to help build excitement for our SCUBA ADVENTURE

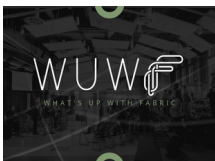
COMING UP AND MORE



April 14 | Political Divide (week 2) - We received a challenge from Jeff Thiemann: make one commitment toward being equipped and brave for challenging conversations. Today, we're going to brag about it! Come hear from one another as we celebrate our bravery, and learn from one another.



Get to Know Fabric | 12pm-1pm TODAY If you are kicking the tires around here or wonder how to connect a little more, this is for you! Come hear the Fabric story, ask questions, enjoy some pastries and meet some of the staff and other curious folks. Check in at the welcome table right after the gathering. We'll head down the street to one of our favorite neighborhood spots, Sovereign Grounds (48th & Chicago).



What's Up With Fabric - Every so often, we gather for What's Up With Fabric. This is a time to catch up on what is going on behind the scenes; the changes happening, the considerations staff and other leaders are weighing. Join in to keep bringing, growing and finding your irreplaceable part in how Fabric gets woven! And help others do the same. April 14 @ the Fabric Office. See you there! More at fabricmpls.com/wuwf



The story of this land matters. We gather on land that was honored by the Dakota people for centuries, but from which they were forcibly and dishonorably removed and continue to be erased.



This week, Fabric welcomes Pastor Jeff Thiemann from Braver Angels' *Reduce the Rancor* campaign!

When we engage in difficult conversations, we may notice in ourselves the impulse to fall into DESPAIR, DENIAL, or DOUBLING DOWN on our positions.

In the United States, we're experiencing our highest level of polarization since the 1850s.

Affective vs. Ideological/Geographical Polarization

a tool for the marathon: EBB

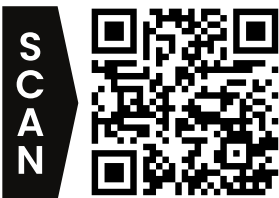
E EQUIP

B BRAVE

B BRAG

These next 6 weeks, let's notice those feelings when they arise. If it helps to place those feelings externally, we will have art supplies and available for you to use however you'd like, and then leave your creation in the "Unearthed" planter box, if you so choose...

Well, would you look at that?
Free resources from Braver Angels to equip ourselves for our own steps!



(or visit fabricMPLS.com/unearthed)



ROAM (Read, Observe, Apply, Meditate) through Romans 12: 9-10 & 16-18. What comes up for you? How can each of us balance both conviction and purpose with peaceful living (so far as it depends on us) this week & beyond? Practice never makes *perfect*, but it does make *progress*...

Homework Invitation — Commit to one step! Given what we've talked about and wrestled with together, what is one step you can take toward "turning the heat down" in a highly polarized world? Only one step though... we don't have to solve everything at once! Next week, we're going to celebrate these steps and do a bit of bragging!



Thank you for supporting Fabric! Your generosity has provided a space for community to wrestle with the important stuff of life, and for lives to be transformed. If you'd like to support the work of Fabric, scan the QR code to the right. Your generosity today can be a seed for those who have yet to find this.

