



### People are so Peopley: Far From Home and Unprepared

As humans, stories are how we locate ourselves within constantly changing landscapes. *Where am I, again? And why?! Who are these people? Where are we going? Do I have to leave? I like it here.* A good story connects us with truths that help us find home wherever we are. Today we'll hear two such stories from Maia Dalager and Kaarin Kratz who both found themselves far from home - and unprepared. Happily, they made it back to tell us about it! Let's enjoy stories, new connections and cake. (Why cake? Fabric just turned 16! And we are welcoming a new staff member. AND this is the last Sunday before Greg and Kris Meyer return from sabbatical!)

### WELCOME!

Life, for adults and kids alike, is most fulfilling when it is woven deeply with others and that mysterious element we often call the third strand, or "God."  
More at [fabricmpls.com](http://fabricmpls.com).

#### What's Happening for Kids

Families sit near one of the white tables so kids can create their own storytelling tools to help keep the stories going beyond Sunday mornings! More at [fabricmpls.com/kids-whats-happening](http://fabricmpls.com/kids-whats-happening)

### WHAT TO EXPECT

#### We're glad you're here!

Music with Chris Tripolino & the Fabric Band  
People are so Peopley - shared stories  
A Knot Moment  
Connecting with & supporting Fabric  
Music, sending and CAKE!

See you next week at the TC MARATHON!  
Wear your Fabric t-shirt and bring a friend!



#### Fabric & the Twin Cities Marathon - NEXT SUNDAY!

We'll be at 34th Ave S & Minnehaha Pkwy 9-11:30! One of the wonders of Fabric is that there isn't anything we have to do, except be relevant. After fighting road closures and everyone's involvement with the marathon some years ago we realized it makes sense to just be part of it. Cheer for your friends and neighbors with us! *Wear your Fabric t-shirt and bring noisemakers!*  
More at [fabricmpls.com/marathon](http://fabricmpls.com/marathon)



#### Let's Welcome Greg & Kris Back In Style! Sunday, October 9

Join us for a post-sabbatical celebration on Sunday, October 9, as we welcome Greg and Kris Meyer back to Field School. We'll hear *their* stories and enjoy walking tacos and dessert!



**Register for the All Fabric Retreat!** Join Fabric friends and families for a weekend of fun...a time for connecting and relaxing and some storytelling after our summers and the Fabric sabbatical time

**Dates:** October 14-16

**Where:** Camp Courage in Maple Lake, MN

**More info & register:** [fabricmpls.com/retreat2022](http://fabricmpls.com/retreat2022)

*If people are going to be transformed, it has to come from love, from speaking to one another about the truth of what we have lived.*

-Anne Lamott in the forward to Between the Listening and the Telling



## A story from Kaarin Kratz

Don't underestimate the power of a story that is "TRUE."

RIGHT-SIZES you

Transforms FEAR

Reveals CONNECTION

Helps you KEEP WALKING

The power is in the SHARING.

**Practice when it's easy!**

## A story from Maia Dalager

A Knot Moment

What stories are you SAYING YES TO?

*Yahweh (I AM) has told you, O mortal, what is good,  
and what does Yahweh require of you  
but to do justice, and to love kindness  
and to walk humbly with your God? Micah 6.8*

**Homework:** *What is a moment from your life you would name as sacred?* It might be quite ordinary. There may be many. Take 10 minutes this week to pause and recreate the scene in your imagination in detail - sights, sounds, smells. Share it by writing it down or telling someone about it.