

Fabric
October 9, 2022

PEOPLE ARE SO

Peopley

Tales of Togetherring

People are so Peopley: Tuning In

Welcome to this time for music, connection and more true stories brought to you by the humans of Fabric. Today we welcome back two special Fabric humans - Greg and Kris Meyer! They will share some glimpses from their sabbatical and help us wonder about the stories we tune in to and where they do (and don't) lead us.

WELCOME!

Life, for adults and kids alike, is most fulfilling when it is woven deeply with others and that mysterious element we often call the third strand, or "God."

More at fabricmpls.com.

What's Happening for Kids

Families sit near one of the white tables so kids can create their own storytelling tools to help keep the stories going! More at fabricmpls.com/kids-whats-happening

WHAT TO EXPECT

We're glad you're here!

Music with Chris Tripolino & the Fabric Band
Storytelling! Kris Meyer, Greg Meyer and you
Connecting with & supporting Fabric
Music, sending and then TACO BOWLS!

Many of us will be at the All Fabric Retreat next weekend (see below). See you again on Oct 23!



Welcome back Greg & Kris!

We pulled off a sabbatical! It was a gift for the Meyers AND for us as a community that we will be unpacking together in the weeks and months to come. But first - some celebrating is in order! Stay for taco bowls, brownies and some more story-swapping after today's gathering!



TODAY is the final Day to register for the All Fabric Retreat! Join Fabric friends and families for a weekend of fun...a time for connecting and relaxing and some storytelling after our summers and the Fabric sabbatical time.

Dates: October 14-16

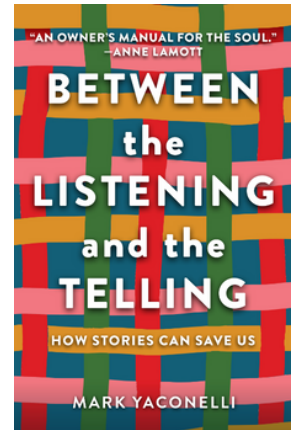
Where: Camp Courage in Maple Lake, MN

More info & register: fabricmpls.com/retreat2022



Post-Sabbatical Workshop - *Your presence, listening, questions & hopes are needed on Nov 5.* Facilitated by Lindsay Walz, this will be a time for our community (including staff) to share and synthesize reflections from the sabbatical and explore what's next for Fabric; both shorter term as we rebuild from the pandemic and longer term as we grow and transition toward a Fabric Minneapolis beyond Greg (as he prepares for a new phase of his life and leadership, aimed for 2024). More at fabricmpls.com/sabbatical.

Storytelling is being human together. We tell stories to savor the pleasure of living. We share stories to help one another remember who we are and what matters. We tell stories to weave our lives together. We tell stories to keep our souls intact...-Mark Yaconelli, Between the Listening and the Telling



A story from Kris Meyer

"True" stories are tuned in to what IS.

You might know them by how they:

- RIGHT-SIZE you - reveal blind spots that puff you up or shrink you; offer a more generous loving view of yourself than you might offer yourself
- Reveal CONNECTION - reminding you that you are part OF not apart from
- Transform FEAR into courage, conviction (not certainty!) and just enough clarity Help you
- Help you KEEP DANCING stepped on toes and all

A Fabricism: Practice when it's easy!

A story from Greg Meyer

Homework: *What is a moment from your life you would name as sacred? It might be quite ordinary. There may be many. Take 10 minutes this week to pause and recreate the scene in your imagination in detail - sights, sounds, smells. Share it by writing it down or telling someone about it.*