

### **Fabric MPLS**

Sunday Paper November 20, 2022

Purposes & Preferences and keeping it simple. Simple is attractive. After all, just looking after yourself is enough. Then there is family, friends, job, home, you name it. It's a lot, so it makes sense to focus on what you can wrap your arms around. Question: Is that simpler, or is it just simplistic? Maybe looking beyond what you can manage isn't so much a complication as it is a strength. Perhaps your one strand was never intended to be enough. It's time to check that preference for handling it on your own and discover what you are part of.

### WELCOME!

Life, for adults and kids alike, is most fulfilling when it is woven deeply with others and that mysterious element we often call the third strand, or "God." Learn more about Fabric at www.FabricMpls.com

Is today your first visit? Welcome! Come say hi and choose a gift at the ? table after the gathering.

**Got Babies?** Hang out with them in The Nest (Media Center) and watch the livestream to stay connected. The Nest is also available for drop off (6mos-3yrs).

### WHAT TO EXPECT

### We're glad you're here! Take a seat and get comfortable.

- Music by Chris Tripolino & the Fabric Band
- Welcome
- Say Hi!
- Message-Greg Meyer
- Connecting with & supporting Fabric
- More music, closing thoughts and kids return to join their families.

## **HEY - BUY SOME SOUP!**



35% of proceeds will go to Fabric Kids camp & the High School summer trip!

# STARTING NEXT SUNDAY



### All I Want for Christmas

From starting out on your list, to making its way under the tree, to opening and living with that gift, how could your life and this world come to life this Christmas?



#### **Autogiving Check-In Results**

During our autogiving check-in, 15 households responded, increasing our autogiving by \$310/month. Thank you! We fell short of our goal of \$500/month so if you can help us make up any part of that \$190 difference it would make a difference. In case the check-in fell off your radar or if now isn't a good time to revisit your giving, you can let us know when we should check back in.



**Fabric Kids:** The Fabric kids will be taking on roles, learning songs and dances all to help tell this delightful story based off of the Children's book *You must Bring α Hαt*. Sunday mornings, beginning today, kids will be reporting directly to the gym for an Advent Moment, snack and musical practices. More at fabricmpls.com/winter.



## ABRIC Week 5: Purposes & Preferences and keeping it simple

**Preferences** are what you like. **Purposes** are the 'why' behind them. Ungrounded preferences are dangerous - to you and to others! Fabric's Core Commitments form our Purposes which parallel the Purposes in your life. What is good for you reflects what is good for us.

Week 1 - We are FABRIC.

Week 2 - Fabric is mostly made up of people WHO AREN'T HERE YET.

Week 3 - The 3 BOWLS, the arenas we need supported so we can grow.

Week 4 - We seek unity in DIVERSITY not CONFORMITY.

Human beings prefer to keep it simple. And regarding other people that often means INDEPENDENCE from them.

Not being dependent on other people feels like it would be <u>EASIER</u>, <u>SAFER</u>, and <u>BETTER</u>.

However your life's purpose, fulfillment, health, strength, and resilience aren't found through independence but in RELATIONSHIP.



COMPLEXITY DISTILLED BY THE HEAT OF LIFE BECOMES WISDOM AND IS EXPERIENCED AS SIMPLICITY.

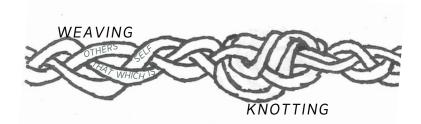
What does our Fabric preference for keeping relationships simple, but on the far side of complexity, look like?

The 3 Strands



Two are better than one, because they have a good reward for their toil. For if they fall, one will lift up the other; but woe to one who is alone and falls and does not have another to help. Again, if two lie together, they keep warm; but how can one keep warm alone? And though one might prevail against another, two will withstand one. A threefold cord is not quickly broken.

Ecclesiastes 4.9-12



What is Fabric's job? To make you a great weaver! To help you see the larger weaving you are part of. And to help you know that everything - everything! - is part of the fabric.

WHAT IS YOUR "I GET TO"?

**HOMEWORK:** Keep those 3 strands closeby where you can't help but notice them regularly. When you see them, pause and consider where all three strands are at that very moment.